

CONFERENCE

OF THE WORLD HEALTH ORGANIZATION
COLLABORATING CENTRE FOR

Nutrition



Childhood
Obesity



19th October 2021

National Institute of Health

Doutor Ricardo Jorge

Lisbon - Portugal

PROGRAM

09:00 OPENING CEREMONY

Fernando Almeida | Head of the National Institute of Health Doutor Ricardo Jorge (INSA)

Rui Portugal | Subdirector-General of Health

António Sales | Deputy Minister of Health

Hans Kluge | World Health Organization Regional Director for Europe (WHO/Europe)

INAUGURAL CONFERENCE

Wellbeing and Quality of Care for children at risk of obesity and living with obesity in the WHO European Region
- including the impact of COVID 19 on Nutrition and Childhood Obesity

João Breda | Senior Adviser at World Health Organization Regional Office for Europe

10:00 COFFEE-BREAK

Inauguration of the WHO Collaborating Centre for Nutrition and Childhood obesity Office

11:00 SESSION - COSI PORTUGAL

Chair: Cristina Abreu Santos | Member of the Executive Board (INSA)

COSI Portugal 5th round - main results & discussion of a decade of Nutritional Surveillance

COSI Portugal 6th round - & participation in the pan European study of the Impact of the COVID-19 pandemic on childhood obesity

Ana Rito | Researcher at WHO Collaborating Center for Nutrition and Childhood Obesity; DAN/INSA.

Panelists

Miguel Telo de Arriaga | Directorate General of Health

Fernando de Almeida | National Institute of Health Doutor Ricardo Jorge

12:00 SESSION - COSI EUROPE

Chair: Kremlin Wickramasinghe | Acting Head of the WHO European Office for the Prevention and Control of Noncommunicable Diseases

"The Impact of the COVID-19 pandemic on childhood obesity on the daily routine and behaviours of school aged children in Europe" – Official launch of the WHO/Europe COSI-COVID study

COSI Europe - COVID19 study methodological Approach

Ana Rito | Researcher at WHO Collaborating Center for Nutrition and Childhood Obesity - DAN/INSA

COSI Europe - results from the 4th round

Angela Spinelli | Head of the WHO Collaborating Center for Childhood Obesity – Istituto Superiore di Sanità – Italy

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13:00 LUNCH

14:00 SESSION - WHO Collaborating Centres for NUTRITION - EUROPE

Chair: Ana Rito | WHO Collaborating Center for Nutrition and Childhood Obesity, DAN/INSA

Activities, reflexions and future steps for better health for children

Vassiliki Benetou | Deputy Head of the WHO Collaborating Center for Nutrition and Health – National and Kapodistrian University of Athens– Greece

Salt reduction: should we start in childhood?

Francesco Cappuccio | Head of the WHO Collaborating Center for Nutrition – Warwick Medical School– UK

15:00 SESSION - WHO Collaborating Centre for NUTRITION - PORTUGAL

Chair: Isabel Castanheira | Head of the WHO Collaborating Centre for Nutrition and Childhood Obesity, DAN/INSA

Nutrition in the context of the WHO Collaborating Center for Nutrition and Childhood

ToR 3: Association between Childhood Obesity and Migrant population.

Sofia Mendes | Centro de Estudos e Investigação em Dinâmicas Sociais e Saúde (CEIDSS)

ToR 4: Application of nutritional profile models to commercially available baby foods products (0-36 months) in two regions of Lisbon.

Mariana Santos | DAN/INSA

ToR 5:

Measuring fatty acid profiles of foods, with emphasis on monitoring trans-fatty acids originating from partially hydrogenated oils & The FeedCities Project.

Carla Motta | DAN/INSA

Assess iodine deficiency among children between 6 and 10 years old.

Inês Delgado | DAN/INSA

Evaluation and comparison of nutritional quality (salt, fat and fatty acids) of similar processed foods.

Tânia Albuquerque | DAN/INSA

ToR 6: Sugar, sweeteners and other food additives. Assessment of the occurrence and children intake.

Elsa Vasco | DAN/INSA

17:00 CLOSURE